PAD 340 – Final Performance Task – Written Reflection

You will complete a 3-4 page written reflection that ties your course learnings together. I would like you to concentrate your reflections in two key areas:

- 1. Please reflect on the final performance task (the disc golf tournament). Remember that I am more interested in the **PROCESS!**
- 2. Please reflect on the course as a whole again think **PROCESS** please!

To help with your reflection I have included some guiding questions below. Please note that you do not have to answer every question! The questions are designed to help you reflect on your experiences this semester. You do not have to be limited to these questions.

Guiding Questions

Final Performance Task Questions

- 1. Describe the group's process for the final performance task.
- 2. Was the final performance task process/task successful? Why or why not?
- 3. How do we measure success of a process?
- 4. What are some traits/factors of a successful process?
- 5. Was everyone heard and were the 'Big 3' (Take care of...) followed?
- 6. How did the final performance process compare with other processes this semester?
- 7. What went well?
- 8. What challenges occurred with the final performance process?
- 9. Who lead and who followed?
- 10. What would you improve about the final performance task (i.e. the golf tournament)?
- 11. What would you improve about the final performance process?
- 12. How can you tie the final performance process to the rest of the course?

Whole Course Questions

- 13. What was the group's most successful process?
- 14. Describe areas where the group displayed growth.
- 15. Describe the group's biggest obstacle this semester.
- 16. What was your contribution to the group?
- 17. How did you grow during this process?
- 18. Describe the impact of circle on your learning.
- 19. Describe the impact on focusing on the process with respect to your learning.
- 20. Describe the impact of the 'take care of yourself, others and our space' on your learning.
- 21. Describe the impact of being 'unplugged' on your learning.